



Student Wellbeing Service

The right support at the right time



Drop In/Same Day Triage

We offer guidance on personal and academic issues that are impacting on student wellbeing.

Visit us – Level 1, One Elmwood, Monday to Friday 11am – 3pm

Online Contact Us Forms: [Staff Form](#)
[Student Form](#)



One to One Appointments with your Faculty Wellbeing Adviser

- 45-minute meeting – online or face to face
- Opportunity for students to discuss concerns in depth
- Create a support plan and signpost to internal and external services
- Further appointments for support to develop personalised strategies for managing your wellbeing

